



Therapeutic Recreation Spirit Plus Day Program

A Therapeutic Recreation Day Program for adults who are medically fragile, technologically dependent and/or require PSW support such as the use of a hoier lift, change table or commode.

For more information, please call:

Katie Jacobson-Lang
Portfolio Coordinator Special Needs
West

City of Ottawa,
580-2424 xt.29320

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Eligibility Criteria

- ❖ Participant's over the age of 18 are welcome
- ❖ Clients must provide their own personal support worker
- ❖ **Assessment required prior to participation**

When and Where:

Thursdays at the Goulbourn Recreation Centre , 1500 Shea Road, 9am-3pm

Hand in Hand/ Fee Assistance –

The City of Ottawa offers a system of financial support to ensure that all City residents can participate in recreation & culture programs. You can pick up the application at any recreation facility or Client Service Centre. Please note you will be asked to provide proof of financial need.

	Date	Cost
Session	March 22- May 24 th , 2012	\$350.00
Barcode	684711	

Registration

 **In Person**
At Client Service Centres
or Recreation Facilities

 **On-line**
ottawa.ca
Visa or Mastercard only

 **Touch Tone Telephone**
580-2588
Visa or Mastercard only